From the Principal

Welcome back to 2016 to all students and families. I am very excited about this year and in this article I am going to talk about the schools’

- NEW LEADERSHIP
- NEW PROGRAMS
- NEW DIRECTIONS

NEW LEADERSHIP

In 2015 and over the school holidays a number of new appointments occurred in some key positions. It is with great pleasure I introduce the following new staff to Cromer Campus. All have made a great start to the year and are getting to know your children and our school.

Deputy Principal Years 8, 10 and 12 - Mrs Lomas

Deputy Principal (Monday/Tuesday/Wednesday) – Mrs Dean

Head Teacher Secondary Studies – Mr Moran

Music Teacher – Ms Lee

HSIE Teacher – Ms Dooner

HSIE Teacher – Ms Cutrone

In the last 12 months the school has appointed a new Principal, Deputy Principals and 3 new Head Teachers. There is a great feeling here amongst the staff and a genuine excitement surrounding these changes, our new programs and our future direction. Teachers are working extremely hard to continue the improvements made in 2015. Their commitment to the school and your children is greater than any other staff I have had the pleasure of leading. Feel free to come and say good morning to me and/or many of the teachers who man the gates each morning to welcome your children to school and to praise them for wearing their school uniform.

The teachers, of course, are not the only leaders in the school. Last year additional student leadership opportunities were created through the formation of our SRC. This has provided further opportunities for students to experience leadership and express student voice which I consider extremely important to the effective leadership and management of our great school. The SRC work collaboratively with our existing year 12 captains, vice captains and prefects.

A complete list of our SRC and student leaders is incorporated in this newsletter; there are some vacancies in our SRC particularly in year 7 which will be filled shortly.
Another key group of leaders in our school community are our P&C led by our president Mr Des Mclachlan. Last year this group of dedicated and committed parents accomplished:

- the takeover of our school canteen,
- the air conditioning of our schools gymnasium / weights room,
- the installation of much needed audio-visual equipment in our school hall,
- a highly successful golf fundraising day,
- the continued support of numerous school based events.

I rely heavily on the P&C to support the future directions and current programs running in the school and would encourage every parent who wants to be involved in improving the school, and thus the opportunities for their child, to join this incredibly friendly and welcoming group. The first meeting for 2016 of our P&C is occurring on Wednesday the 16th February in the school library at 7:00pm.

NEW PROGRAMS

I am most excited about our new literacy and numeracy initiatives. At 9:30am each school day (except assembly day) traditional lessons at school stop for 20 minutes and every student attends this program. It is designed to equip every student with the skills they need to be successful, not just at school, but more importantly when they leave school. We think this program is so important that every teacher, every head teacher, every deputy Principal and myself are working with the students at this time. The program is fully resourced and each student receives a workbook which will be supplemented throughout the year with additional resources and learning activities. This program has been built into the day structure of Cromer Campus and is fully supported by the staff, SRC and P&C and will now remain a permanent addition to the learning culture here at NBSC Cromer Campus.

Additionally there have been some physical improvements to the school which have included:

- A new bell system which plays actual recorded sounds, music and has a PA facility for announcements.
- The front office has been painted and redecorated, incorporating photographs of our students and our key strategic directions and values, creating a much more modern and welcoming front door to our school.
- Our bell times have been simplified and are published in the student’s diaries.

NEW DIRECTIONS

In future articles I will be talking about our new value statements RESPECT, RESPONSIBILITY and SUCCESS. I am also thrilled at the introduction of a new student merit and awards system currently being rolled out. This is allowing us further opportunities to acknowledge the achievement of students in their many endeavours here at Cromer.

Our ultimate aim at NBSC Cromer is to ensure each child achieves growth in their learning every year in a safe and supportive environment. We want to ensure each student’s success as an active and engaged learner who will be a responsible and productive citizen when they leave us.

It is with great pleasure I welcome all staff, parents and students back to Cromer in 2016 and I hope that you all have a safe, productive and exciting new year in 2016.

Mr Justin Hong
Principal
Deputy Principal Years 7, 9, 11

Welcome back for 2016. Whilst you are reading this our new Year 7 students will be actively engaged in their first major event which is their Year 7 transition to high school camp. They will be taking part in numerous activities aimed at creating new friendships within their year group. When these students return to school they will be given a new timetable that will take into account the internal assessment that has taken place in week 2 of this term. Thank you to both Ms Brianna Ritchie our 2016 Year 7 Year Advisor and Mrs Simone Taylor our Learning Support Teacher, who have ensured that these students have made a successful transition to Cromer Campus from our numerous primary feeder schools. I look forward to meeting the parents of our new Year 7 students at our upcoming Year 7 parent Welcome Night which will be help prior to our first P&C meeting in week 4 of this term.

Last years’ Year 10 students have successfully transitioned into Year 11, they will all be given an assessment guide for their preliminary course over the coming week which will clearly highlight when their preliminary course assessments are due. These students also have a timetabled year meeting where they will be presented with senior time management strategies and study preparation techniques that will help them get through their now busy senior schedule. It is imperative that these students learn these skills so that they can have a healthy balance between school and other commitments.

I look forward to continuing to support the learning of our students at Cromer Campus.

Mr David Taylor
Deputy Principal

Deputy Principal Years 8, 10, 12

Young people today are citizens of a rapidly changing world – a world of instant information at their fingertips and constant connectivity through technology. Our challenge as educators is to engage and guide our young people in their ways of thinking, to be critical and creative thinkers. As Deputy Principal for Years 8, 10 and 12, I am committed to supporting our students achieve their personal best at Cromer Campus. Our PBL values Respect Responsibility and Success reinforce our school community’s high expectations and underpin preparation for a successful and fulfilled life.

Year 8, now experienced high schoolers, have begun their second year of high school with excitement and enthusiasm.

Year 10 have their eyes firmly fixed on achieving their best possible RoSA credential and are becoming aware that they have the new responsibility as leaders of our middle school.

Year 12 are immersed in their second term of HSC studies and are working diligently towards their next assessments.

Thank you to all students, parents and staff for your warm welcome - I am looking forward to a successful and enjoyable 2016 working with you as a member of the Cromer Campus community.

Mrs Jane Lomas
Deputy Principal
Head Teacher – Secondary Studies

I am thrilled to have been chosen to take on the new role of Head Teacher of Secondary Studies at NBSC Cromer Campus. I have been energised by the dynamic staff as well as the great students I have met in my classroom and the playground. I know you parents need a big thank you for having your kids looking so great in their uniforms. It does help them build pride in their learning and that is a passion of mine; making sure the kids know that with confidence and strategies, their learning builds powerfully. The biggest bonus is that their progress makes them happy about who they are. I know I have made the right decision in coming to Cromer at the right time in the school’s life and I look forward to strengthening the links between our school and our community.

Mr Patrick Moran
Head Teacher – Secondary Studies

SRC – 2016

Captains
Brooke Harris
Hiranya Patel

Vice Captains
Bridget Bevan
Joshua Haithwaite

Prefect
Sharon Assubuje
Nickiesha Cornett

Prefect
Andreas Kan
Grace Jacobs

Prefect
Elijah Latu
Alisi Pulu

Year 8
Lucas Rae, Josh Mastroianni, Mitchell Casey, Lara Webster
Year 9
Tara Schmidt, Madi Brilman, Lani Gowans, Jye Tattersall
Year 10
Mia Flakelar, Natasha Martinic, Aurelie Beaugeard, Tim Gavidi
Year 11
Kate Gallo, Caryn Greyling

Congratulations to Miss Bridget Bevan and Miss Marina Noorbergen who were selected as one of winners of the 2016 Dee Why RSL Club School Scholarship Program.
Cromer Campus Uniform

Cromer Campus students have got off to a great start this year in terms of their presentation in our school uniform. Well done to everyone! Please continue to encourage your son or daughter to dress in our full school uniform. Please read the following points which may help clarify any issues of uncertainty around your child’s uniform.

- The opening hours of the Uniform Shop are Tuesday 8am-12, Thursday 12-4pm.
- Senior Unisex Blue polo shirt can be worn by both senior boys and girls.
- Senior girls are required to wear the blue blouse as much as possible during school time and as a ‘must’ for special, formal occasions.
- There are blue button up senior shirts and ties available from the uniform shop. Please encourage our senior students to purchase.
- There is a school cap that has been developed in collaboration with Mr Whittaker and students and THIS IS OUR UNIFORM HAT. Students will have a 5 week grace period, Term 1 to purchase this for $12 if they wish to wear a hat at school. After this time we will be asking students to put non uniform hats away (except for during hot, PDHPE lessons).
- Black leather shoes that are fully covered and protective are recommended in accordance with DoE policy for TAS and Science and other subjects requiring protective footwear.
- White socks must be visible above the shoe.
- All students must come to school and leave school in full school uniform. This includes after PDHPE lessons and days when excursions have been organised.
- Students on non-sporting excursions MUST wear full school uniform.
- Wednesday is Sport Uniform day for Years 9 and 10 and Integrated Studies students. These students may wear sports uniform to and from school on Wednesdays only.

Example photographs are attached below, and details and price lists can be found on our website at: http://www.nbsccromer-h.schools.nsw.edu.au/our-school/rules-policies/uniform
If you have any queries about uniform please direct your call to Mr Hanna on 9981 1155.
Mr Hanna (on behalf of the uniform committee)
Music Program 2016

2016 is set to a big year in music at Cromer Campus. Our School and Contemporary Bands will once again be heading up the coast on band tour, we are running an exciting recording project for students interested in composing, producing and sound engineering, all bands will be working with local community and primary school bands in a series of workshops and performances, and the year will end with a bang at our annual music showcase with matinee and evening performances.

Here at Cromer we strive to meet the individual needs of every single student through the wide range of extra-curricular music programs that we have on offer. If a student is interested in something that we don’t currently offer, we will endeavour to provide that opportunity as best we can.

Learning an instrument is beneficial to a young person in so many ways, ranging from brain development, establishing time management skills and self-discipline, to building confidence, providing a creative outlet and a being part of a new social group.

Our music/band program is open to all ages and abilities. Whether your child is an experienced musician or a complete beginner, we would love to get them involved in whatever area they are interested in.

Below is a list of our current bands and ensembles. Please contact Cameron McKee on 9981 1155 or cameron.mckee@det.nsw.edu.au to apply or for more information regarding tuition, rehearsals, instrument hire and band fees.

**Cromer Campus Bands and Ensembles 2016**

- **Concert Band**
  - Woodwind, Brass, Percussion or Bass
- **String Ensemble**
  - Violin, Viola, Cello, Double Bass
- **Contemporary Band**
  - Drums, Bass, Guitar, Vocals, Keyboard/Piano
- **Choir**
- **Guitar Ensemble**
- **Keyboard Club**
Welcome back to another sport-filled year at Cromer Campus. We are ready to kick off with knockouts, Sydney North trials and the school swimming carnival, which will all start happening this month. Information will be given out through the following mediums:

- Daily notices
- Assemblies
- Cromer Courier
- Permission notes sent home
- NBSC Cromer Campus Sport Facebook page

So make sure you keep your eyes and ears open if you wish to participate.

This year your Sports Coordinators are once again Miss Kristie Crawford and Ms Sandra Bonello, so please contact them if you have any enquiries.

**Cromer Students Amazing Achievements**

**Sophie McGovern – ATHLETICS:** Congratulations Sophie on your terrific performance at the Australian All Schools Athletics Championships. Gold in the U18yrs 4 x 100m relay (1st runner) and 8th in the U18yrs 100m hurdles. Fantastic effort!

Sophie has also been spotted on the ABC3 show, ‘Ready For This’, doing what she does best on the athletics track. Well done Sophie!

**Cromer’s 39th Annual Swimming Carnival, 2016**

This will be held on the leap year day, Monday 29th February. We are very excited to announce that this year it will be an all day, whole school carnival at the Warringah Aquatic Centre. More information will be available closer to the date.

Please ensure that your child is familiar with the Aquatic Guidelines – Safe Water Entry for Competitions – Competitive Dive Starts found at:

This year there will be house points for placing in an event, taking part in an event, assisting with organisation of the carnival, the most colourful house and cheering on your swimmers. House captains, it’s up to you to motivate your team.

Students with eligible impairments must be classified if they wish to compete in representative school sport as an athlete with a disability in Swimming, X-C and Athletics. Please contact your Sports Coordinators or follow the link to Swimming Australia:


There’s still time for some practice training, so putting on your goggles and follow the black line!

Year 9 & 10 Recreational Sport

All Year 9 and 10, including Integrated Studies students, are required to select a Recreational Sport for this term. Recreational Sport for Term 1 will commence on 10th February and progress through till 30th March (8weeks). Choices for Term 1 will be made on 3rd February during Sport.

<table>
<thead>
<tr>
<th>Sport Choices</th>
<th>Sport Venues</th>
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<tr>
<td>Paying Sports</td>
<td>choclate Box - Cromer</td>
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<tr>
<td>Chocolate Box $70</td>
<td>Dee Why Beach / Narrabeen Lakes</td>
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<tr>
<td>Fishing $20</td>
<td>Manly Warringah Gymnastics Club</td>
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<tr>
<td>Gymnastics $80</td>
<td>Long Reef / Collaroy Beach</td>
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<tr>
<td>Learn to Surf $115 (7 weeks + Surf Survival Certificate)</td>
<td>Narrabeen Lakes</td>
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<tr>
<td>Paddle Boarding / Kayaking $70 (7 weeks + Surf Survival Certificate)</td>
<td>Long Reef / Dee Why Beach</td>
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<tr>
<td>Surfing $90 Max 30 Students</td>
<td>School Courts</td>
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<tr>
<td>Tennis $65 (with coaching) Max 20 Students</td>
<td>Dee Why AMF</td>
</tr>
<tr>
<td>Ten Pin Bowling $80</td>
<td>Sydney Trapeze School - Cromer</td>
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<tr>
<td>Trapeze $130 Min 12 Students</td>
<td>Narrabeen Lakes</td>
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<tr>
<td>Triathlon $70 (7 weeks + Surf Survival Certificate)</td>
<td>Dee Why Beach</td>
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<tr>
<td>Non - Paying Sports</td>
<td>Cromer Park</td>
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<tr>
<td>Beach Activities</td>
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<td>House Sport</td>
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Students may pay by cash or cheque, made payable to **NBSC Cromer Campus**, on the day of the sports choices. Any student that does not have their fees on the day *will not* be able to choose a paying sport. **ALL students must have a signed permission note (by parent or care giver) to leave the school grounds.** If you do not wish for your child to leave the school grounds, please contact the Sports Office.

Students will be walking to their venues under the supervision of teachers and are required to behave in an appropriate manner. Any behaviour jeopardising the use of the venue by the school or poor behaviour walking to the venue or at the venue will result in the removal of the offending student from the sport without reimbursing any monies.

All students are expected to participate in full Sport Uniform (RED T-shirt, black shorts and appropriate sports shoes). **If your child/dependent has a medical condition that requires medication such as (anaphylaxis, asthma, diabetes), it is necessary for them to take their medication to sport each week.**

**Students will be dismissed from their respective external venues at the following times:** Paddle Boarding / Kayaking, Ten Pin Bowling and Triathlon at 2:30pm; Beach Activities, Fishing, Learn to Surf and Surfing at 2.40pm; Chocolate Box, Gymnastics and Trapeze at 2:50pm. All external sports students will be required to make their own way home from these venues. Students attending sport at school will be dismissed at 3:00pm.

Students are reminded that they are required by the Department of Education (DoE) to participate in a minimum of 150mins per week of physical activity. It is therefore compulsory for you to attend Wednesday afternoon sport and that, where possible, other appointments not take place during school hours.

Any queries can be addressed to the Sport Department at Cromer Campus on 9981 1155 ext. 117

**Sydney North Trials/Results**


Please check the website for trial dates, information and entry forms and results or speak to your School Sport Coordinators. Trials are starting NOW!!!

**Like us on Facebook at NBSC Cromer Campus Sport**

Here at Cromer Campus we do our best to report on and acknowledge our Student’s sporting achievements. Please email alexandra.bonello@det.nsw.edu.au or private message NSBC Cromer Campus Sport with your child’s results and achievements and any good action photos.

**NBSC Cromer Campus for everything else Cromer!!!**
### GUIDED SCHOOL TOURS

Please contact the school on 9981 1155 to book a place in the next available tour.

### CROMER CALENDAR

#### Week 3B

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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 8 February</td>
<td>8.30am Year 7 Camp</td>
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<tr>
<td>Tuesday 9 February</td>
<td>Year 7 Camp</td>
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<td>7.00pm Onstage Performance – Seymour Centre</td>
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<tr>
<td>Wednesday 10 February</td>
<td>Year 7 Camp returning by 3pm</td>
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<td>5.30-7.00 pm Silver &amp; Gold Duke of Edinburgh Information Evening for Yr 10-12 – Freshwater Campus Theatre</td>
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<tr>
<td>Friday 11 February</td>
<td>7.00pm Onstage Performance – Seymour Centre</td>
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#### Week 4A

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<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Tuesday 16 February</td>
<td>6.00pm Year 7 Parent Evening – Meet The Teachers</td>
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<td>7.00 pm P&amp;C Meeting</td>
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Northern Beaches ADHD Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD, via regular meetings. The group aims to provide a safe and supportive environment to discuss and learn more about ADHD in order to best help parents and kids.

SPEAKER EVENING: FRANCES ADLAM – The Bridge
“Ready, Steady, Pause ...”

Frances Adlam has degrees in education, counselling and special needs. She has lectured in multiple intelligences and been an advisor for the Ministry of Education NZ. She now works supporting children with learning and behavior challenges.

At The Bridge she focuses on helping all children learn by bridging the gap between a child's current learning ability and their highest learning capability, through the provision of support, advice and resources to families and teachers. She is an experienced educator who believes that all learning issues can be addressed effectively, once properly identified. These may include learning issues in the areas of writing, reading, maths, concentration and behavior.

Frances will be sharing the new, gentle way she has been coaching children with ADHD to improve emotional control, resilience, grit, bouncing back and making friends.

Frances will be sharing great success stories and ideas that can be easily implemented at home and school.

Tuesday 9th February 2016 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale


Facebook: https://www.facebook.com/BeechesADHDSupport
Facebook Forum: https://www.facebook.com/groups/BeechesADHDSupportGroup/
Email: nbadhdsupportgroup@hotmail.com
Website: www.northernbeachesadhdsupportgroup.com.au
We will the Entertainment Book online via our website

RESPECT  RESPONSIBILITY  SUCCESS
NORTHERN BEACHES SECONDARY COLLEGE

Duke of Edinburgh’s Award

The Northern Beaches Secondary College offers a highly popular extra-curricular program, the Duke of Edinburgh’s International Award, to all students in years 9-12.

‘Duke of Ed’ is a non-competitive, flexible, interesting and fun-packed program for all young people between the ages of 14 and 25 to participate in a number of activities over a set length of time. It is entirely voluntary and is structured so the participants can design their own unique program centred around their interests and passions over three levels: Bronze, Silver and Gold. To find out more and register for the program students and parents are invited to attend an information evening in 2016:

**BRONZE information evenings (year 9+):**

2 sessions available - Please choose 1 to attend

Wednesday 3rd February 2016, 5:30-7:00pm, Freshwater Senior Campus Theatre,

or Thursday 4th February 2016, 5:30-7:00pm, Freshwater Senior Campus Theatre

**SILVER and GOLD information evenings (years 10-12):**

Wednesday 10th February 2016, 5:30-7:00pm, Freshwater Senior Campus Theatre

For more information please visit dukeofed.com.au or email nbscollege-m.school@det.nsw.edu.au
“Siblings of Children with a Disability”

Presented
By

Kate Strohm

Director, Siblings Australia Inc.
& Author of ‘Siblings - brothers and sisters of children with disability’ (Revised edition 2014)

Date: Tuesday 1st March 2016
Time: 7pm - 9pm Refreshments provided
Venue: Coastal Environment Centre, Pelican Path, Lake Park Road, North Narrabeen

The workshop will assist parents to:

• Understand the concerns of siblings
• Identify behaviours that might indicate stress
• Explore factors affecting the adjustment of siblings
• Identify parent’s role in supporting siblings
• Identify other sources of support for siblings
• Meet other parents with similar experiences

Cost: $15 pp

For bookings log on to:  http://www.trybooking.com/169955
ROLL UP YOUR SLEEVES AND GIVE BLOOD

Mobile Blood Service visiting:
Dee Why Surf Club
Dee Why Beach, The Strand

Monday 22 February 1.30pm – 6.30pm
Tuesday 23 February 9.00am – 2.00pm
Wednesday 24 February 9.00am – 2.00pm
Thursday 25 February 9.00am – 1.00pm

Drink up! Have 3 or 4 glasses of water or juice in the hours before you donate
Eat! Have a good sized breakfast or lunch
Please bring photo I.D. with you

To make an appointment call 13 14 95
or visit donateblood.com.au

Australian Red Cross BLOOD SERVICE