From the Principal

Thank you to all parents who attended the Science Techno Museum displays at Cromer Campus today. The students’ work was amazing and photos will be in the next edition of the Courier.

Our Uniform Shop is going to be taken over by Daylight Sportswear. On page 10 of this edition of the Courier, there is an advertisement for any interested members of our community to apply for the position of Uniform Shop Manager. Enquiries regarding this position can be made to Adam at Daylight Sportswear on 9758 5588.

Mr Justin Hong
Principal

Deputy Principal Years 8, 10, 12

Year 12 have completed their two week trial examination period. Students will not have clear indication of the result they would have achieved had they sat their final HSC exams in early term 3. Students must now capitalise on this process; the next and final six weeks of their schooling will be all about revision and ensuring that each class is attended, with their time used effectively to maximise the trial exam result. Timetables classes for year 12 will continue right up until the end of term, when the school has scheduled the Graduation Assembly and Dinner, to be held on Thursday 17th September.

Year 10 students have also recently completed their Stage 6 2016 college interviews, where proposed timetables classes and patterns of study have been discussed. Thank you to all those parents who attended these interviews and supported their children in this process. If you were unable to attend, please feel free to contact the school and request a follow up interview with one of the executive staff.

Thank you to all those parents and members of the Cromer community who recently attended the “Combatting Cyberbullying” presentation held on Tuesday 4th August. The presentation was supported by local NSW Police and the Rotary Club. This informative talk focussed on strategies that parents can use to minimise students’ access to potentially unsafe online content. Questions were also taken from our local Police Youth Liaison Officers, who were able to draw upon their expertise in dealing with the issues raised both at primary and high school level. Overall this was a successful evening and we hope to be able to repeat this evening gain next year.
Finally, can you please ensure that if necessary, you contact your child during school hours via our front office staff, or if need be, via text message, rather than calling them at school. Our recess and lunch periods (10.26am until 10.46am and 12.30pm-1.13pm) are of course times when you can call your child, but we would appreciate your support in minimizing phone use during class time.

Mr David Taylor
Deputy Principal

Deputy Principal Years 7, 9, 11

The Tell Them From Me student feedback survey

I am delighted that this term, our school, like many other public schools in the state, will participate in a Department of Education initiative: the Tell Them From Me student feedback survey. The survey aims to help improve student learning outcomes and measures factors that are known to affect academic achievement and other student outcomes. The focus of the NSW-wide survey is on student wellbeing, engagement and effective teaching practices.


The survey is a great opportunity for our students to provide us with valuable and quick feedback on what they think about school life, how engaged they are with school and the different ways that teachers interact with them. Schools in Australia and around the world have used the Tell Them From Me survey to help improve how they do things at school.

I want to assure you that the survey is confidential. The survey is conducted online and will typically take less than 30 minutes to complete. It will be administered during school hours between 17 August and 16 October. Participating in the survey is entirely voluntary.

A consent form and FAQs for parents/carers about the survey is being sent home with students. If you do not want your child or children to participate, please return the form to the front office by Friday 14 August. Copies of the form and FAQs are available from the website above.

The Partners in Learning parent feedback survey

Our school will also be participating in the Partners in Learning parent survey, another part of the Tell Them From Me suite of surveys (student, teacher and parent surveys) on student engagement. The survey asks parents and carers questions about different factors that are known to impact on student wellbeing and engagement.

Running this survey will help our school understand parents’ and carers’ perspectives on their child’s experience at school. These include: communication between parents/carers and staff, activities and practices at home and parent/carer views on the school's support of learning and behaviour. This valuable feedback will help our school make practical improvements.
The survey is conducted entirely online at home or on public computers. The survey will typically take 15 minutes or less to complete and is completely confidential. The parent survey will be conducted between 17 August and 16 October. Participating in the survey is entirely voluntary, however, your responses are very much appreciated.


In the next Cromer Courier details will be provided on how to access the survey site.

Mrs Lynda Peters
Deputy Principal

Girl Talk with Mrs Stevens

On the 4th August we were delighted to welcome Georgia Woodward as our Dream Big Love What You Do guest speaker. Georgia was a former student of Cromer Campus and it was wonderful to hear about her journey since leaving school. Georgia Woodward is a Show Business Woman – An Actor, Producer, and Writer. She has just finished producing and starring in a New Australian Web Series called ‘A Shared House’. Georgia also works closely with The Butterfly Foundation – Australia’s largest non-profit Eating Disorder Organisation. Georgia promotes their programs in the media and is the event coordinator of Celebrate You – an annual event designed to rally the community together to raise awareness of Eating Disorders. The event showcases speakers and entertainers who share their knowledge on body image, individuality and womanhood.

Georgia is passionate about encouraging young women to embrace who they are and to live truthfully and it was a delight to have her share her experiences with our girls. We very much appreciate her giving up her time to participate in the Dream Big Love What You Do program.

Thank you to the girls who participated, you were a great audience and asked some terrific questions.
Sport at Cromer

By Term 3 you would think that there is nothing new to report, however our Cromer students are involved in such a variety of sports that they manage to keep us on our toes all year round.

CROMER SKI/BOARD CAMP

From 19-23 July, Cromer Campus students and staff headed to Thredbo, in the NSW snowy mountains. With great anticipation and excitement we waved goodbye to anxiously excited parents and went south. The drive was smooth and we made a few stops along the way, with the last to pick up our hire gear from The Shed in Jindabyne. This was the most exciting stop, apart from our actual arrival in Thredbo.

Once in Thredbo, we headed to our accommodation at the Alpenhorne Lodge and the girls went next door to Snowgums. This was perfect for our needs and the Staff was very friendly and inviting.

“The accommodation was heaps good and I think we went for the perfect amount of time. It was so fun” – Brit.

The next morning we got woken up at the crack of dawn to get out for breakfast and lessons. For some of the group, it was their first time seeing snow and experiencing skiing or snowboarding. It was harder than it looked and many of the students spent more time face down than on their feet.

“My best moment was landing on my face in the Merrits terrain park” – Ben B.

“My best experience was learning how to do ‘S’ turns really quickly and then being able to go fast down the hill without falling. It was the best thing ever, doing such a fun thing with my friends. One of the best things I’ve ever done in my life. I loved it so much!” – Alyssa
The lessons were great and the instructors made a really big effort to progress the students learning as quickly as they could.

“I went down High Noon!” – Corey
We had three and a half days of skiing and snowboarding, with a lesson everyday.

“The best thing was spending time with people who you wouldn’t normally talk to. It was the best way to experience the snow for the first time, with school friends”. – Gem

“We have a lot of funny memories”. – Matt

On Tuesday night and Wednesday afternoon, we went to the Thredbo Leisure Centre. One of the highlights was watching Mr Hanna attempt to cross the pool inflatable. It was really hilarious and heaps of fun.

Tuesday night was also a special night because we celebrated Gemma and Jonah’s birthdays with a delicious chocolate slab cake…yum!!!

“Ski Camp was the best experience I’ve had. We got to meet new people and get to know the teachers better, but more importantly, we had the best time ever!!!” – Emma

Thanks so much to Mr Hong and the Cromer Campus Staff for supporting this trip, especially to Ms Emo and Mr Delrennie, for assisting back at school, and to Mrs Tempest and Mrs McNatty for sorting out all the finances.

An extra special thank you goes to Ms Crawford for her support throughout the planning process and at the camp and to Mr Whittaker (AKA Mr Fix It), Mr Hanna and Mr Hartshorne for making the experience such a great one for everyone.

Ms Bonello
Ski/Board Camp Coordinator
CROMER STUDENTS AMAZING ACHIEVEMENTS

Ryan Martinuzzo (Yr 11) – WATERPOLO:

Congratulations to Ryan who competed in the U16 NSW Blues team who competed in the Trans Tasman Cup Challenge in Brisbane in July. The NSW team were undefeated throughout the tournament and won GOLD, beating the NZ Blacks 10 – 5 in the Grand Final. Ryan is currently training in the NSWIS talent squad.

Sariah Paki (Yr 8) – TOUCH FOOTBALL:

Congratulations to Sariah who trialled for the National U15 Touch team and was selected. The team will compete at the Pacific School Games in November.

Aidan Simonetti – AMATEUR BOXING:

Aidan achieved the NSW Novice title last weekend. He is the current NSW Junior Champion under 63kg’s and will be competing at the Australian golden Gloves Championships in August.
Jamie Lyon Cup
U13’s Boys Rugby League

The Jamie Lyon Cup Semi Final was finally played after repeated rain delays. The boys played off for 3\textsuperscript{rd}/4\textsuperscript{th} position and won, finishing the competition in 3\textsuperscript{rd} place. Congratulations boys on a fabulous result.

Mr Whittaker (Coach)

Keiran Foran Cup
U15 and Open Girls Rugby League

Congratulations to the girls playing in the Keiran Foran Cup. They played their first game on Monday afternoon against Mater Maria and Forest High, and both teams were the victors. Great effort girls!!!

Year 7 Gala Day

Year 7 played in the Warringah Zone Gala Day in Basketball, Touch, Soccer and Netball on Monday 3\textsuperscript{rd} August. They competed against teams from Pittwater HS, Barrenjoey HS, Narrabeen SHS and Manly Selective Campus and were supported by Year 9 PASS students who coached and refereed them on the day.

This year we introduced the Coloured Vest Program. This is a NSW Sport and Recreation initiative to help protect beginner referees from harassment and teach players to respect the referee’s decisions, respect other players and to play by the rules. The slogan is “I’m wearing yellow so don’t see red”. This program was well received by all who attended Gala Day.

A Big shout out to our Boys Touch team who won their tournament and a pat on the back to all the Cromer players, coaches, referees and staff at the venues and holding the fort back at school.

Premiers Sporting Challenge Learning to Lead Camp
On the 15th – 17th August, 10 students from Cromer Campus along with students from Narrabeen Sports, Mackellar Girls and Balgowlah Boys took part in the Premiers Sporting Challenge Leadership camp at Berry Sport and Recreation Centre.

The focus of the camp was to develop upon the students’ leadership skills, create situations where students had to work as a team, use active listening skills and take control. Some of the activities the students participated in included canoeing, hiking and team building activities. All the students embraced each of the activities whole-heartedly and enjoyed the opportunity to be in groups with students from the various schools.

The students will now participate in the November workshop and mentor the year 8 & 9 students through stage 1 of the Leadership program. Well done to all the students involved in the program.

Kristie Crawford
PSC Coordinator
SPORT AWARDS

The Cromer Campus Annual Sports Award Ceremony will be held at the end of this term. This is where students who have achieved to a high level in their sport (both inside and outside of school) are recognised for their achievements and presented with an award. This can only occur if the Sport Coordinators are made aware of these achievements. Please collect nomination forms from your Sports Coordinators and return them as soon as possible or email your information to alexandra.bonello@det.nsw.edu.au.

SYDNEY NORTH TRIALS/RESULTS

Please check the website for trial dates, information and entry forms and results or speak to your School Sport Coordinators.

SPORT’S ON FACEBOOK

Thanks for following us and liking us on Facebook. We have almost 200 regular followers. We are currently not accepting “friends” to this page. Just hit like and the information will get to you. We hope you are finding this site useful and informative and if so, share it with other Cromerites.

Like us on Facebook at NBSC Cromer Campus Sport.

Here at Cromer Campus we do our best to report on and acknowledge our Student’s sporting achievements. Please email alexandra.bonello@det.nsw.edu.au with your child’s results and achievements and any good action photos.
UNIFORM SHOP COORDINATOR
POSITION VACANT

NBSC Cromer Campus and Daylight Sportswear are looking for a bright, happy and friendly person to fill the position of Uniform Shop Coordinator. Hours will be approximately 6 to 8 hrs per week, with extra hours during busy periods. Successful applicants will need to have a friendly personality, good written and oral communication skills, excellent organization skills and general computer knowledge. Previous retail, cash handling experience, customer service background and/or a previous position in school or community organization will be highly regarded.

Please forward a cover letter addressing the above criteria + a resume to: adam@daylightcorp.com or fax to 02 9758 5566 BY FRIDAY 28 AUGUST ‘15

Successful applicants will be notified of interview times within 2 weeks of the closing date.

UNIFORM SHOP COORDINATOR

JOB SPECIFICATIONS

1. To open the shop at each day and secure the premises at the close of day.

2. To sell items of uniform to students and parents/careers of students.

3. To handle payments for uniforms by way of cash, cheque or credit card.

4. To record all details of sales, refunds and exchanges on P.O.S computer system.

5. To balance takings at the end of the day and send sales summary to Daylight Head Office.

6. To act in accordance to special instructions from the Principal.

7. To count and record stocktake figures on all items of uniform held in the store at the request of Daylight P/L.

8. To keep the shop premises in a clean and tidy condition at all times.

9. To assist in advertising by way of displaying dummies, price lists, school newsletters and any approved promotional material.

10. “SPECIAL OPERATING TIMES” – During this period, assist in the planning and operational procedures, and to make time available to attend the shop during the days scheduled, e.g. Orientation Day, January holidays and ‘return to school’ periods.

* Proposed remuneration will be at the award rate at the time.
Northern Beaches
ADHD
Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children/teenagers with ADHD, via monthly meetings. The group aims to provide a safe and supportive environment to discuss and learn more about ADHD in order to best help parents and kids.

SPEAKER EVENING: ONDREJ BURSKIK

“Neurofeedback & how to regulate our brain – Drug-free approach in helping ADHD”

Ondrej Bursik is the Director of Optimal Learning Centre.
On completing his BA in Psychology at Macquarie University in 1996,
Ondrej undertook a two-year diploma course in Holistic Kinesiology.
Ondrej currently works at Optimal Learning Centre
and lectures in Holistic Kinesiology at
The College of Complementary Medicine, Sydney.

Ondrej is trained in:
- Neurofeedback assessment and analysis
  - Samonas Sound Therapy
  - Primitive Reflex Therapy
  - Interactive Metronome

Monday 17th August, 2015 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

Ticket reservations essential via

Facebook: https://www.facebook.com/BeachesADHDSupport
Facebook Forum: https://www.facebook.com/groups/beachesADHDSupportGroup/
Email: nbadhdsupportgroup@hotmail.com
Website: www.northernbeachesadhdsupportgroup.com.au
We sell the Entertainment Book online via our website

Your guide to ADHD information, services & resources in the Northern Sydney region.
www.adhdguide.com.au

Venue kindly sponsored by
Pittwater RSL Club
## CROMER CALENDAR

### Week 5A

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 10 August</td>
<td>Year 8 Gala Day</td>
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<tr>
<td>Tuesday 11 August</td>
<td>P &amp; C Meeting 7pm</td>
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<tr>
<td>Wednesday 12 August</td>
<td>Grade Sport Zone Finals</td>
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<tr>
<td>Thursday 13 August</td>
<td>HSC Exhibition Evening 4pm – 7 pm – Mr Taylor I/C</td>
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### Week 6B – NATIONAL SCIENCE WEEK

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 17 to Friday 21 August</td>
<td>Science Techno Week</td>
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<tr>
<td>Wednesday 19 August</td>
<td>Grade Sport Super Zone Finals</td>
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<tr>
<td>Thursday 20 August</td>
<td>HSC Exhibition &amp; Performance Evening 5pm</td>
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<tr>
<td>Friday 21 August</td>
<td>Science Techno Expo</td>
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### Week 7A – BOOK WEEK

Book week – “Books Light up our World”

### Week 8B

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Tuesday 1 September</td>
<td>Year 11 Vaccinations – Mrs Stevens I/C</td>
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<tr>
<td>Wednesday 2 September</td>
<td>Term 4 Rec Sports Selection</td>
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<tr>
<td>Thurs 3 – Sat 5 September</td>
<td>CHS Athletics at Homebush</td>
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### Week 9A

<table>
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<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 7 September</td>
<td>Year 11 Exams begin (2 weeks)</td>
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<tr>
<td>Tuesday 8 September</td>
<td>P &amp; C Meeting 7pm</td>
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<tr>
<td>Wednesday 9 September</td>
<td>Term 4 Rec Sport begins</td>
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### Week 10B

<table>
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<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Monday 14 to Thurs 17 Sept</td>
<td>Year 11 Exams continued</td>
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<tr>
<td>Wednesday 16 September</td>
<td>Sports Assembly in Gym</td>
</tr>
<tr>
<td>Thursday 17 September</td>
<td>Year 12 Graduation</td>
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**GUIDED SCHOOL TOURS**

last Monday of every month  
Meet at 9.30am at the school Admin Office  
Next tour will be Monday 31 August please phone 9981 1155 to book a place.