From the Principal

This week I have to thank the entire Cromer Campus community who have had to manage an extremely difficult situation resulting in the school going into lockdown. At no time were students in any danger and the lockdown was a precautionary measure only. In managing the situation I am again so very proud of our students who knew exactly what to do and our staff who acted quickly and professionally. I would like to thank the community for the understanding and support that has been shown to the school. I will always act on the side of caution when I consider there is a situation that could put students’ safety at risk. The safety and welfare of students is my paramount concern. On the day of the lockdown, a text message was sent to all parents, and a note was sent home at the end of the day to explain the situation. To reassure students and staff I held an assembly with the whole school after the lockdown and held separate meetings with Year 7 who were most affected by the disruption. These actions are standard procedures which follow school and DEC policy. The incident is now the subject of an ongoing investigation and therefore confidentiality must surround the details. I have an extra counsellor at school today to support the students.

The last fortnight has seen some amazing events at Cromer Campus. On Monday we held a celebration of achievement and BBQ lunch for Year 7 students and families. Students received a number of academic, sporting, and school service awards and it was great to see so many parents at the celebration. Thank you to Ms Tsolakis and most importantly our Year 7 students for their great work so far.

Yesterday we held a showcase for the Design, Make, Innovate project. The project involved our school working with Dee Why and Collaroy Public Schools. This project has been a wonderful learning experience which cuts across most of the key learning areas. To complete the project students are addressing outcomes from science, mathematics, English and the creative arts. This is a learning experience not just for the primary school students but just as importantly for our students. As an educator I know first-hand that when we just hear something or see something we may only learn a small fraction of what that something is about. A much more powerful learning experience is when we have to actually do something which is “hands on”, in this case the primary school students had to design, make and innovate. Even more powerful is the experience of having to teach something to somebody else. By mentoring, guiding and teaching the primary students, our students have been involved in one of the most powerful learning experiences that students can have. Thanks go to Mr Delrennie and the many Year 9 students and teachers involved in the project.

Last week our students’ performances at the annual college event “On-Show”, held at Balgowlah Boys Campus were amazing. Our dancers, vocalists and musicians were stunning and I thoroughly enjoyed each and every performance. Congratulations must go to our band director Rachel Rule, Mr Mace, Mr McKee and Ms Auton for their work preparing the students and of course to all of the performers whom I am extremely proud of, well done!!!!

Justin Hong
Principal
Cromer Campus
Northern Beaches Secondary College

P & C MEETING
Tuesday 12 May
7.00 pm in the Staff Common Room
Deputy Principal Years 7, 9, 11

Year 7

This year has seen the introduction of a number of new initiatives at Cromer Campus to ensure a smooth transition to high school for our students. The feedback from both students and parents has been extremely positive regarding our new home rooms. Year 7 students have developed a sense of ownership over their home room and student work is now being displayed in the rooms. We are currently exploring options for either blinds or a film on the windows to prevent glare in the rooms and we hope this can be organised in the April school holidays. Next term we will complete an evaluation with students and staff regarding the home room concept. It is expected your children will remain in the current space for this year only and from Year 8 will have lessons in faculty classrooms throughout the school. The brightly coloured lockers have also been well received and allow students to store their equipment for the day and only carry with them the books for the next two periods. Please remind your child to regularly clean out their locker and never leave food scraps in there.

Thank you to all the parents who have celebrated the start of high school by attending our events this term. The Year 7 interviews were a wonderful opportunity to hear about the ‘Me in the Box’ project. The students could easily articulate how the box reflected their hobbies and interests as well as their thoughts and dreams. Parents valued the opportunity to hear the results regarding the literacy and numeracy testing. This year we have a large number of high performing students in numeracy, spelling, writing and reading. The success of our Year 7 students was celebrated at our special assembly last Tuesday, with the presentation of certificates for academic success, effort, dance, sport and music followed by a sausage sizzle lunch. Students in 7P are currently working on the Northern Beaches Secondary College Gifted and Talented Project on Equality. Ms Tsolakis and Ms Condrick and their classroom teachers have been supporting 7P with their group projects. I look forward to seeing the final presentations next week.

The Learning and Support Team will be focusing on our Year 7 high performers in Term 2 to ensure the curriculum is differentiated allowing all students to strive to achieve their potential.

Year 9

Students in Year 9 have been excellent ambassadors for Cromer Campus when they visited Dee Why Public School and Collaroy Plateau Public School for Design, Make, Innovate. They took on the roles of mentor and judge. I have been very impressed by the leadership displayed by these students.

Year 11

Students in Year 11 are off to camp in Week 10. It is very disappointing that not all the year group is attending the camp at Forster. This camp covers the mandatory Department of Education Crossroads program. As a result those students not attending camp are expected to attend school every day as normal in Week 10 and complete the theory component of the 25 hours Crossroads program. Students will not receive their Preliminary Certificate unless this is complete.

Year 11 parent teacher night is Thursday 30 April from 4pm – 7pm in The Hub. Bookings will be completed online. A letter will be posted home regarding the booking process. It is important parents take the opportunity to meet their child’s teacher and ask questions so they have a strong understanding of senior school expectations.

Mrs Lynda Peters
HOSPITALITY WORK-PLACEMENTS – THANK YOU TO HOST EMPLOYERS

In senior years students are able to choose Vocational courses which have the added benefit of dual qualifications - their HSC and a certificate II, recognised across Australia. It is the first step for many of our students who wish to undertake an apprenticeship.

As part of their study students are required to do a mandatory work-placement. We rely heavily on the support of our local businesses who volunteer to host our students. The local businesses show a passion for their particular field as they are encouraging the next generation and generosity to our school and students when they put their hand up. We have been very fortunate since VET courses were introduced. Our students, so anxious before they start work-placement, return to school enthused, exhilarated and it is not uncommon for them to arrive back with offers of jobs and apprenticeships. We had two this year in Hospitality.

This year Hospitality students were hosted at:

Whitewater Restaurant,
H2O Café,
Garfish,
Stella Italian Kitchen and
Stella Blu.

I would especially like to acknowledge the contribution of Stella Blu, who have hosted our students nearly every year since 2000. I would encourage you to support these wonderful local businesses who work so hard to support your children and our school.

Katrina Conaghan
VET Coordinator
NAPLAN
National Assessment Program – Literacy and Numeracy 2015

LETTER TO PARENTS

In May 2015 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child’s level of achievement. Each student’s level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student’s right to privacy is maintained.

The NAPLAN tests will be conducted from 12-14 May 2015.

<table>
<thead>
<tr>
<th>TUESDAY 12 MAY</th>
<th>WEDNESDAY 13 MAY</th>
<th>THURSDAY 14 MAY</th>
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<tr>
<td>Language Conventions</td>
<td>Reading</td>
<td>Numeracy</td>
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<td>(Spelling, Punctuation and Grammar)</td>
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<td>Writing</td>
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In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 15 May – A ‘catch-up’ day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:
- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student’s normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students. Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the Principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child’s participation in NAPLAN.

Additional information about NAPLAN can be found at www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html.
Integrated Studies News

Integrated Studies have had a busy and exciting term. All Year 7s are transitioning nicely from primary school to high school. They are to be commended for learning to use their timetables so quickly and for their excellent behaviour in and out of the classroom. The Year 7s who attended the camp had a wonderful time participating with their peers in activities such as canoeing, rock climbing, high rope walking and completing a mud obstacle course!

All classes have been participating in community access and their behaviour and presentation in public has been of an exceptionally high standard. Some successful outings include: Homebush Bay, the city, Dee Why Beach and Stony Range Reserve.

9/10G have been tending to the kitchen garden this term having returned to find butternut pumpkins growing! They are learning maths, English and science as well as collaboration skills through this engaging activity.

The Year 11s and 12s have been completing their work experience in the community. We have students working at a variety of locations including office supplies, gardening businesses, pet care as well as in child care. Some students have a different program which involves in school work experience and they have been extremely helpful and willing with their duties which include office work, paper recycling, setting up rooms and some kitchen duties.
Year 12 Society and Culture students have just spent a few lessons this week becoming more familiar with the art of Japanese Kanji writing. Over this term, as a part of their in depth study on Continuity and Change, they have learnt about many aspects of Japanese culture. The areas studied included beliefs and values, traditions and the impact of modernisation and westernisation on this unique culture.

The Kanji classes saw students undertake the writing of the symbols for Eternity, Love, Moon, Heart and a favourite Buddhist Zen. Many of them advanced into using pure ink and traditional rice paper for their final pieces.

Students have enjoyed this topic and are now looking forward to next term where they will be taking part in an in-depth look into the Islamic Religion for their Belief System study.

Ms Emo
HT HSIE
5 Star Team from Northern Beaches Secondary College

Champions 2011-2015

The 2015 Newcastle NOW High School Team Challenge forms part of the Surfest 6 Star World Tour Event.

In the girls’ division, Northern Beaches Secondary College team number three blitzed the opposition. It was the fifth successive year that a girls’ team from the Northern Beaches Secondary College grabbed the silverware at this rapidly growing event.

Surfest chief Warren Smith said he was blown away by the increasing interest surrounding the event and was already talking with officials about how much bigger the event can grow.

“This year, the waves have been testing for some of the youngsters but the depth of surfing talent on display here over the past couple of days shows the sport has a great future,” Mr Smith said.

“For kids to be surfing just a couple of hundred metres away from some of the sport’s most elite athletes is a real buzz for not just the kids but for their parents and teachers too,” he said.

AROUND 240 young surfers

Surfers from 29 New South Wales’ high schools surfed on breaks at South Bar Beach and Merewether Beach over the two days for Surfest’s annual high schools challenge sponsored by Burton Automotive.
Cromer Courier

From Coffs Harbour to Illawarra – and with two invited teams of competitors from Vanuatu – young surfers, their teachers, parents and guardians travelled to Newcastle to participate in an event characterised by great surfing and new friendships.

With a rising, glassy swell featuring set waves that occasionally threatened 2m, the 64 boys’ teams and 17 girls’ teams took on the comp with huge enthusiasm. As the heats progressed and the tide dropped the conditions became difficult. Girls took on the Challenge.

The last two heats from Round One were the toughest of the competition. Big waves and tough rips faced the teams from the 3rd and 4th heats of Round One Open Girls.

(Left to right, NBSC Girls Team 1 and NBSC Girls Team 4)

NBSC Girls Team 1, first timers from Cromer Campus, put in a valiant effort but struggled against breaks and the rip that took one competitor from another team some 300m down the beach. They gave it their best effort but were unlucky not to score a quality wave. They finished only 6 points short of the top 8 and will now have something to aim for next year. Our NBSC Girls Team 2 did qualify for the final 8 however due to the postponement of eight heats the previous day, the finals were cut short with only the top 4 teams entering the final. NBSC Girls Team 4 placed 1st on points with NBSC Girls Team 3 in 2nd as they went to the final. Team 4 was new to this competition with one girl who’d never entered a competition. Pressure to hold 1st place from the defending champions would be in their minds along with great friendship. The surf had become difficult and the calm glassy conditions of the morning had gone. All teams struggled to get a third wave count. Team 3 triumphed with more than triple the point score of the other teams, while there was only 1 point separating 2nd 3rd and 4th. NBSC 4 finishing 4th.

(Left to right, Our NBSC girls with the surfers from Team Vanuatu, New girls enjoying the moment, Not everything went our way.)

Round 1 of the boys’ started the event with a high tide and a long wait between sets that made it challenging for team riders to score a quick wave. Most of the heats saw teams using their bonus time in search of waves. Scores varied as some heats received plenty of waves while others seemed to be surfing a lake. As the conditions changed, teams faced a
difficult bank and a constant sweep south taking surfers off the bank and out of position. Position in the break was critical. With so little time to find a wave the ability to read the waves proved to be the difference between the boys’ teams. The level of surfing was up from last year and our boys’ teams were familiar with the format.

The first 8 heats of the Open Boys Round 2 were postponed till the following morning. The waves were clean and glassy with some sets amongst the 4 foot range. Vertical moves and combinations were common and there was no room for error. Bonus points made a huge difference with the run up the beach to beat the clock to acquire another point or two. It proved too much for some, missing valuable points and getting knocked out of the top 8. As with the girls’ qualifying for finals the boys’ teams needed to make the top 8 rather than the top 16 in previous years. Sadly we fell short of the top 16. Our Boys Team 1 and 2 were in their third year at this event and knew the format well. For most of them this was their last run at the event as they are in their final year at school. I’d like to thank them for their encouragement of the junior teams and sharing their enthusiasm and the spirit of surfing.
2015 Northern Beaches Secondary College Surf Teams

Boys

Team 1: Jason Phillips, Conor Wood, Ryley Tomkins, Ryan Egall
Team 2: Ben Moss, Jordon Tremlett, Mitch Scott, Daniel Rashleish
Team 3: Ethan Neville, Ty Hatch, Mitchell Naylor

Girls

Team 1: Lara Matthews, Alyssa Deal, Emily Hockley
Team 2: Lucy Coleman, Alyse Cooper, Tianna Reid, Maddie Cunico
Team 3: Casey James, Sinead McNamara, Ali Cook, Mikaela Beatie
Team 4: Tessa Berkeley, Anna Del Santos, Tara Schmidt

RESULTS OF THE 2015 BURTON AUTOMOTIVE HIGH SCHOOLS CHALLENGE

Girls division

1. Northern Beaches Secondary College Team 3 (32.6)
2. Swansea High School (13.6)
3. Great Lakes College (13.1)
4. Northern Beaches Secondary College Team 4 (12.6)

Boys division

1. Narrabeen Sports High School Team 1 (64.5)
2. St Pauls Catholic College Manly (45.2)
3. Mackillop College Team 1 (31.6)
4. Kotara High School (25)

Team Managers Mr Adriaan van der Wallen and Miss Shelly Carrier
WARRINGAH ZONE & SYDNEY NORTH AREA SWIMMING

The best of the Cromer Campus Swimmers took to the pool at the Warringah Aquatic Centre on March 12 to test their speed and skill against the best in the Warringah Zone. All our swimmers competed to the best of their ability and did Cromer Campus proud.

The best result was from Tara Bowyer (Year 10) who finished the meet as the 16yrs Female Age Champion. What a fantastic effort from Tara and from Khali Numa (Year 10), Connor Aitkin (Yr7), and William Walton (Year 12), who all progressed to the Sydney North Swimming Carnival. Angus (Year 10) and Tara Schmidt (Year 8) were accepted into the Sydney North Area Carnival on Special Entry due to their commitments at the National Kayaking Championships.

L to R: Tara Bowyer, Khali Numa, Madison Munford and Maria Dimauro serving refreshments, Sarah Schumacher
Thank you to the staff who assisted with the carnival and to Gemma Gray, Nina Bowyer, Maria Dimauro and Maddison Mumford for their assistance on the day. They all did a great job in maintaining a smooth event.

At the Sydney North Area Swimming Carnival held at Sydney Olympic Park Aquatic Centre, our swimmers swam their hearts out! William Walton shone on the day achieving 2nd in the 50m breaststroke, backstroke and freestyle and has qualified for CHS in all his events in the multi-disability section. Awesome swimming William!!!

The Warringah Zone Carnival is organised and managed by the Cromer Campus Sport Coordinators for the Warringah Zone. This meet is on the pathway created by the DEC Schools Sports Unit that enables students to reach their highest potential in swimming.
CROMER STUDENTS AMAZING ACHIEVEMENTS

Above: 3rd from left position – Angus Schmidt; 5th position Ethan Neville

Cromer students excelled at the National Kayaking Championships earlier this month. The following are their results:

**ANGUS SCHMIDT - KAYAKING:** 3rd in K1 100m; 1st in K2 1000m; 1st in K2 200m; 2nd in K2 500m; 1st in K4 1000m; 1st in K4 500m; 1st in K4 200m

**ETHAN NEVILLE - KAYAKING:** 3rd in K2 1000m; 3rd in K2 200m; 3rd in K4 1000m; 3rd in K4 500m; 2nd in K4 200m

**TARA SCHMIDT – KAYAKING:** 1st in K2 500m; 2nd in K2 200m; 2nd in K4 1000m; 2nd in K4 500m; 2nd in K4 2000m

Angus and Ethan have been selected in the U16 Olympic Hopefuls team to compete in Poland in September this year. Unfortunately Tara is too young to nominate.
DESNEE RICHTER - GYMNASTICS – Congratulations to Desnee Richter who competed in the State Gymnastics Trials and achieved 1st place with a score of 50.050. Desnee has now qualified for the National Championships which will be held later this year.

BOSKO NOVACOVIC - TENNIS : Congratulations to Bosko Novacovic who has progressed to the “All Schools” which will be held in Bathurst during week 10 of this term.

SARIAH PAKI – TOUCH FOOTBALL: Congratulations to Sariah Paki on her selection into the Sydney North U15 Touch team.

JAI TATTERSALL – COLLEGE HOCKEY TEAM: Congratulations to Jai Tattersall on his selection into the College Hockey team to play in the Sydney north Open Knockout.

CONNOR DUFF – GOLF: Congratulations to Connor Duff who played in the Sydney North Matchplay event recently. Connor played a great round of Golf but unfortunately wasn’t able to secure a place in the Area team.

JARROD MCKENZIE – SPEARFISHING: Jarrod competed in the Bluewater Classic major tournament in Coffs Harbour and won the 12-19 years age group and he finished 10th overall out of 60. Jarrod was the youngest competitor in this event. In 2014 he finished the event as the Runner Up and was the youngest competitor for 20yrs.

KNOCKOUT SPORT

Open Lawn Bowls Knock Out

Cromer travelled to North Sydney Bowls club to take on North Sydney Boys H.S. in round 2 of the Opens Lawn Bowl CHS Knock Out. Not knowing too much of about the opposition, Cromer’s team consisting of Lachlan MacMahon, Lochie Charlie, Matt Grenot and Lachlan Allomes held high hopes for progressing through the competition. Playing 9 ends, our boys got out to an early 11-0 lead after 3 ends, with some great bowls from Lachlan Allomes. Things tightened up towards the back end of the match, however, Cromer was victorious, winning 13-7. Well done boys, who will be taking on Galston H.S. in early Term 2.

SYDNEY NORTH TRIALS

Please check the website for trial dates, information and entry forms or speak to your School Sport Coordinators.

PACIFIC SCHOOL GAMES

The Pacific School games is a multi-sport event, similar to the Olympics (on a smaller scale) that comprises of competitors from countries in the South Pacific. It is held every four years. This year the Games will be held in Adelaide from November 21 – 29, 2015 in the sports of Swimming, Diving, Basketball, Touch Football, Baseball, Softball, Football (Soccer) and Table Tennis, as well as Goalball for the visually impaired. Please check the following websites for more information and trial dates.

Check out the website for trial dates http://www.sports.det.nsw.edu.au/psg/2015/select.htm

Here at Cromer Campus we do our best to report on and acknowledge our Student’s sporting achievements. Please email alexandra.bonello@det.nsw.edu.au with your child’s results and achievements and any action photos.
Ancient Weapons Extravaganza

What could be more exciting than a room full of ancient weapons, armour and a presenter that allows you to put it all on?

This is what Year 7 and 8 HSIE students got to enjoy yesterday in the Hub during their incursion for History.

During the 90 minute show, each year group experience the weapons and armour of the past. Year 7 learnt about the weapons used in famous battles in Ancient Egypt, Greece and China. While year 8 discovered the weaponry and armour used by Viking warriors and Medieval Knights as well as punishment techniques during those eras.
Senior Ancient History students also attended giving them an improved understanding of their depth study of the Ancient World.

Students thoroughly enjoyed the free time given to allow them to put on both mail and plate armour. This allowed them to discover the advantages and disadvantages of ancient and medieval armour with weight, movement and basic eyesight restricted - an obvious battle challenge.

The students were very enthusiastic and well behaved throughout the shows, with the presenters commenting on the pleasure of performing for our students. Well done Cromer HSIE students and thank you for making yesterday a great memory!

Ms Emo
HT HSIE
Digging Up The Past

Year 11 Ancient History Excursion

The Archaeology in the Rocks excursion for Year 11 Ancient History had a day of practical fun visiting the early 1800's building and building remains in the Rocks, Sydney. We were given tours of amazing archaeological sites which revealed information about the early days of the first colony in Australia. We learnt that convicts lived fairly free lives once they arrived here, they were not locked up and could create their own businesses, get married and live like everyday people.

Some convicts even got quite rich whilst serving out their sentences which were usually 7 to 14 years. A convict named George Cribb was particularly interesting. We looked at the site where he had two pubs, a butchery, a big house and three other properties which he rented out. All this whilst being a convict. George got into a little bit of trouble when his wife came out from England and discovered that he had married a woman whilst he had been in Australia. Perhaps that was why his good crockery set was thrown down the well in his backyard.

We also had an in depth hands on session examining genuine artefacts from the Rocks, a guided tour of Suzanna Place Museum and the Rocks Discovery Museum.

The Archaeology in the Rocks excursion is an exciting day which reinforces the practical aspects of how archaeology can contribute to historical understanding.

Ms Pearce
NBSC College Sport

College Sport teams have had a busy first term in a variety of Knockout Competitions across the region.

The Girls Open College Netball team had a convincing win in their first round game against Barrenjoey HS with a 49 to 20 win in the Freshwater Gym at the end of February. The girls then travelled to Gosford early in March for the next two rounds and showed incredible talent and strength winning both rounds. The first game was won playing North Sydney Girls 96-5 and then Henry Kendall 62-17. The team will now play Northlakes in the 4th round in May. The talented College Squad consists of; Tamara Black, Cristy Linaker, Aaliyah Paki, Bridgette Evans, Grace Dimauro, Jordan Marsh, Chloe Katoa, Claudia Harris, Chloe Katoa, Grace Underhill, Mia Kovacevich, Pihuka Duff and are coached by Rebecca Angus.

Congratulations also to the following girls who were successful in making the Sydney North Open Girls Netball Team to attend the NSWCHS carnival from Tuesday 26th May to Thursday 28th May in Wollongong; Cristy Linaker, Bridgette Evans and Tamara Black

The Girls Open College Waterpolo team was selected following trials early in March before they travelled to Ryde Aquatic Centre for three games in one day. The squad progressed through two rounds but was unfortunately knocked-out in the final game by 1 goal against Burwood Girls. Results by round were; NBSC College defeated Pittwater HS 27-0, NBSC College defeated Riverside 8-7, and NBSC College were defeated by Burwood 10-11. The girls played well together coaching and mentoring themselves through each of the rounds and are to be congratulated for their enthusiasm and dedication. The squad consisted of; Charlie Jacobs, Natalie Jander, Isabella Wolff, Bridget Hudson, Sienna Baker, Catherine Hawling, Nadia Jones, Jade Speight and Dakota Stuart.

The Boys Open College Waterpolo team were equally successful in their games at Ryde Aquatic Centre the following week again progressing through two rounds to be knocked-out by Balgowlah Boys in their final game! Results for this talented team were; NBSC College defeated Galston 24-5, NBSC College defeated Homebush 12-10, and NBSC College were defeated by Balgowlah Boys 8-13. It was nice to see the final round for the day being played by two very strong NBSC teams where friendships across the teams were evident. The boys squad consisted of; Conner Wood, Ryan Martinuzzo, Greg Izossimov, Ejay Schaffer, Isaac Williams, Ian Stewart and Oisin Darmody.

Congratulations to the following NBSC students who have been selected in the Boys Open College Hockey team to compete in the Knockout Competition toward the end of term; Wil Hawkins, Todd Miller, Sam Hobson, Harry Tanswell, Zac Walker, Sebastian Bland, Andrew Palme, Cooper Anderson, Tom Carter, Jai Tattersal, Lochie Watts, and Liam McGregor. The team is looking for a few more players to join the squad in their first round match against North Sydney Boys in coming weeks. If you play Representative Hockey or Hockey at a high level please contact Vicki Busse for further information. The Girls Open College Hockey team will be announced shortly. A big thank you to Ms Saunders (Mackellar Girls Campus), for running the trials and selecting the teams.

Vicki Busse
Relieving College Sports Coordinator
Northern Beaches Secondary College (NBSC)
Tel: 02 9939 6942 email: vicki.busse@det.nsw.edu.au
Northern Beaches
ADHD
Support Group

A problem shared is a problem halved

The Northern Beaches ADHD Support Group is a voluntary, parent-run group offering support for parents of children or teenagers with ADHD via regular meetings. The group is run aims to provide a supportive environment to discuss and learn more about ADHD in order to best help parents and kids alike.

SPEAKER EVENING: DR EMMA GAI GOLD

“ADHD & Self-Esteem in Children: Helping your child with ADHD not to feel lazy, crazy or stupid”

Dr Emma-Gai Gold is a clinical psychologist who has completed a doctorate in clinical psychology and a thesis on social anxiety disorder and rumination. Emma has clinical experience working in both the public and private sectors, and has worked extensively with adults, adolescents, children and families presenting with a wide range of psychological concerns. She has a special interest in anxiety, mood disorders, ADHD and autism spectrum disorders. Emma currently works at Dr Caroline Stevenson & Associates, a general psychology practice, specialising in treating children and adults with ADHD.

Monday 27th April 2015 @ 7.00-9.00pm
The Pittwater RSL, Main Sail Room, 82 Mona Vale Road, Mona Vale

Ticket reservations essential via
http://www.eventbrite.com/au/e/4222746751

Facebook: https://www.facebook.com/BeachesADHDSupport
Facebook Forum: https://www.facebook.com/groups/BeachesADHDSupportGroup/
Email: nbadhdsupportgroup@hotmail.com
Websites: www.northernbeacheshdupportgroup.com.au

ADHD Guide
Your guide to ADHD information, services & resources in the Northern Sydney region.
www.adhdguide.com.au

Venue kindly sponsored by Pittwater RSL Club
PARENTING COURSES AND WORKSHOPS – TERM 2, 2015

The courses and workshops commence on 6th May. If you would prefer to receive this information electronically, please email your details to daphne.lupton@health.nsw.gov.au or telephone 9887-5830. See the attached flyer.

Child & Adolescent Parenting

WHAT’S ON IN TERM 2 – COURSES/WORKSHOPS FOR PARENTS/CARERS

Tuning in to Teens Course
Skills to communicate with your teenagers so that you understand each other better & are able to build positive relationships.

★ Understanding teenagers today & communication skills
★ Emotional intelligence skills
★ How to prevent behaviour problems & conflict resolution

Chatswood 5 wks/2.5hrs  (13/5 - 10/6, 7.00-9.30pm)

Dealing with Teen's Backchat Workshop
★ Learn how to restore a respectful & positive relationship with your teenager
★ Understand what it is like being a teenager today
★ Learn how to talk so that they listen & how to listen so that they talk to you

Chatswood (6/5, 7.00-9.30pm)

Tuning in to Kids Course - Chatswood (28/5 - 25/6)

Communicating with Kids Workshop (based on PET)-Chatswood (14/5)

WORKSHOPS ON REQUEST FOR PARENTS/CARERS OF TEENS – 9887 5830

★ Dealing with Teen’s Back Chat ★ Resilient Kids
★ Transition to High School ★ Bully Busting Workshop
★ Triple P Seminar Series (Teens)

OTHER WORKSHOPS ON REQUEST (2-2.5 hours)

★ Understanding Your Toddler/Discipline & Tantrums ★ Older Sibling – New Baby
★ Tucker without Tantrums/Toilet Training ★ Transition to School
★ Speech & Language Development/Sleep ★ Grand Parenting
★ Triple P (PPP) Seminar Series (1-12 years) ★ Communicating with Kids
### CROMER CALENDAR

#### Week 10B

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<tr>
<td>Mon 30 March to Wed 1 April</td>
<td>Year 11 Crossroads Camp</td>
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<td>Friday 3 April</td>
<td>Good Friday</td>
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#### Week 1A  Term 2

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 20 April</td>
<td>College Development Day</td>
</tr>
<tr>
<td>Tuesday 21 April</td>
<td>Students return to school</td>
</tr>
<tr>
<td>Wednesday 22 April</td>
<td>School Cross Country</td>
</tr>
</tbody>
</table>

#### Week 2B

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday 29 April</td>
<td>Grade Sport Trials &amp; Grade Sport Selections</td>
</tr>
<tr>
<td>Friday 1 May</td>
<td>School Athletics Carnival at NSW Academy of Sport</td>
</tr>
</tbody>
</table>

#### Week 3A

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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</thead>
<tbody>
<tr>
<td>Tuesday 5 May</td>
<td>Year 12 Vaccinations – A Stevenson I/C</td>
</tr>
<tr>
<td>Wednesday 6 May</td>
<td>Grade Sport begins</td>
</tr>
</tbody>
</table>

#### Week 4B

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mon 11 to Thursday 14 May</td>
<td>Year 12 Interviews – F Bird I/C</td>
</tr>
<tr>
<td>Tuesday 12 May</td>
<td>P &amp; C Meeting 7pm in Staff Common room</td>
</tr>
<tr>
<td>Tuesday 12 &amp; Wed 13 May</td>
<td>NAPLAN Years 7 &amp; 9</td>
</tr>
</tbody>
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#### Week 5A

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday 18 to Friday 22 May</td>
<td>Year 11 Preliminary Exam Week</td>
</tr>
<tr>
<td>Monday 18 May</td>
<td>No Year 11 cross campus morning classes this week</td>
</tr>
<tr>
<td>Wednesday 20 May</td>
<td>Project Penguin begins</td>
</tr>
<tr>
<td>Thursday 21 May</td>
<td>Project Penguin Day 1</td>
</tr>
<tr>
<td></td>
<td>Zone Athletics Carnival at NSW Academy of Sport</td>
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</tbody>
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**GUIDED SCHOOL TOURS**

Please contact the school office on 9981 1155 to book for the next available tour conducted by the Principal, Mr Justin Hong.